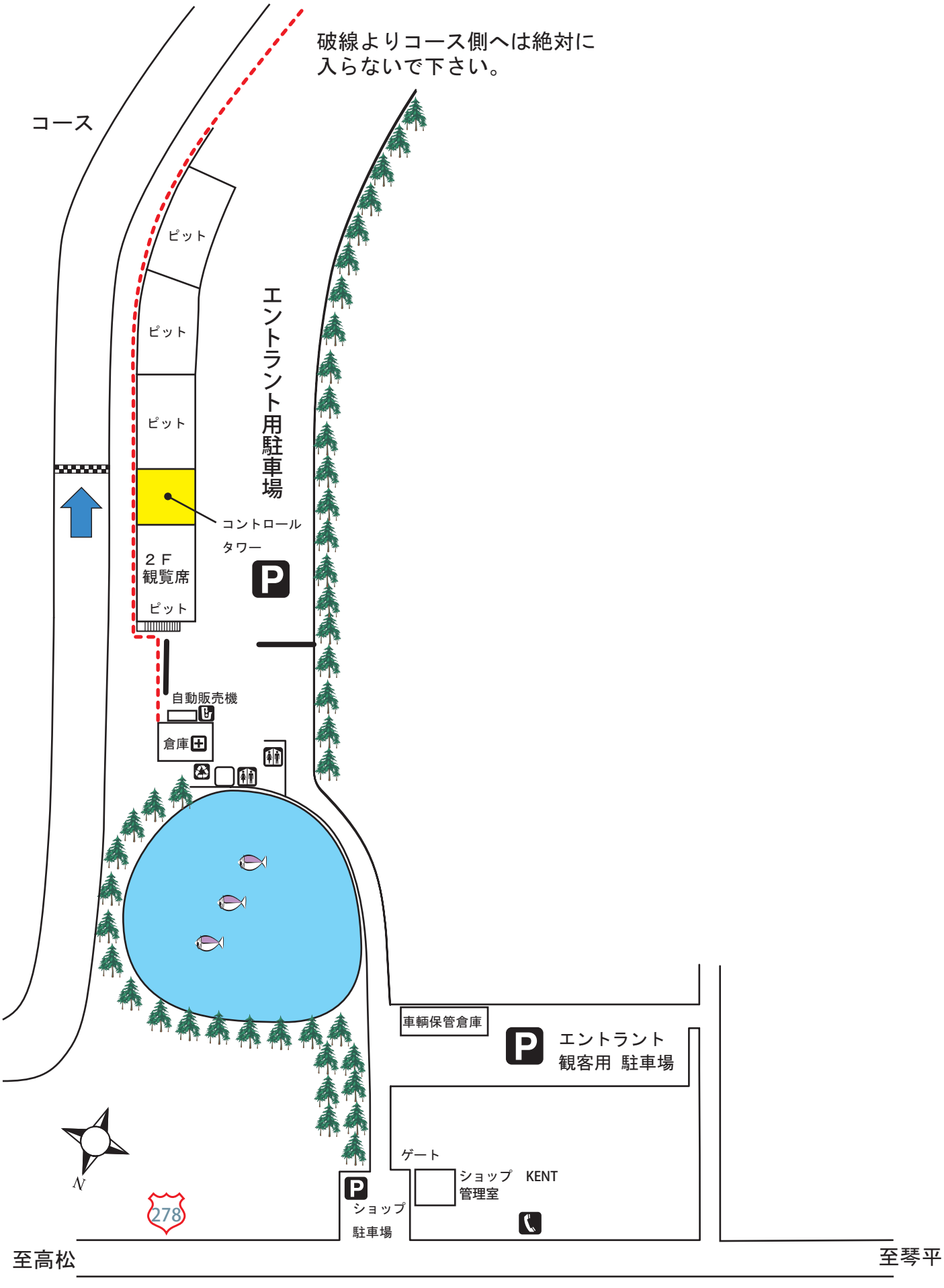カートランド四国　観戦ガイド